

Every Day Is A **FRESH START**

Daily Activity Checklist

Date: _____

BUSINESS ACTIVITY

Social Media Post

- Facebook
- Instagram
- Instagram / Facebook Stories
- _____

Watch Daily Training

- _____

Connections

- 5 New
- 5 Follow-Up
- 5 New Social Media Connections
- Customer Check-In
- _____

Live Video Topic

- _____

Scheduled Calls

- Name: _____
Call Confirmed: _____
- Name: _____
Call Confirmed: _____

Miscellaneous

- _____
- _____
- _____
- _____
- _____

HOME ACTIVITY

- Workout
- Check Bank Account
- Pay Bills
- _____
- _____
- _____
- _____